

“All of Us move among shadows, but some are scarier than others...”

All of Our Shadows is a new and highly topical, seven-minute animated film aimed at secondary school and higher education students. This award-winning film addresses the uncertainty and anxiety that young people face in today's world.

This film follows a day in the life of a young teenage boy as he deals with his daily worries and fears. Can he confide in his school mates and ask for help? Or will his fears win?



## Post-Film Chat    Years 12 and 13

Pose the following questions. Students can discuss in pairs, small groups or as a class.

Are his friends best placed to help him?

How is the character feeling?

What do you think this character is running from?

What is this monster or shadow? What could it represent?

Do all the characters have the same worries? Are some different to the others? Why?

Do some people find it easier to talk about what is worrying them? Why?

Please go our website <https://www.allofuscampaign.com/> to access the full downloadable programme complete with free teaching materials.