

All of Our Shadows is a new and highly topical, seven-minute animated film aimed at secondary school and higher education students. This award-winning film addresses the uncertainty and anxiety that young people face in today's world.

"All of Us move among shadows, but some are scarier than others..."

This film follows a day in the life of a young teenage boy as he deals with his daily worries and fears. Can he confide in his school mates and ask for help? Or will his fears win?



## Post-Film Chat      Years 10 and 11

Pose the following questions. Students can discuss in pairs, small groups or as a class.

What is happening in the main character's mind?

What images flash up for him when he walks through the world?

How does he experience the world around him?

Are his friends best placed to help him?

How is the character feeling?

What do you think this character is running from?

Please go our website <https://www.allofuscampaign.com/> to access the full downloadable programme complete with free teaching materials.